Golden Lake Loop 2.3m Parallel, Skate (Intermediate) - This loop travels through meadows and Lodgepole forests to Golden Lake. It is relatively flat with gentle slopes overall. Rated intermediate because of its distance. Expect an exciting hill between intersections 18 & 19.

Meadow Loop 2m Parallel, Skate (Intermediate) - Primarily a flat route, this trail takes you across an extensive meadow to Thurmon overlook. Stop at the Becker Warming Hut to warm up by the fire.

Harriman Nordic Ski Trail Rating System

Harriman State Park Nordic trails are assigned ratings according to their relative difficulty when compared with other trails here. The terms Novice, Intermediate, and Advanced are used as rankings.

Novice (Green): The easiest ski trails in the system and within the core area of the park. Fairly flat terrain with few curves and little obstacles. Great trails for those new to the sport or those looking for a short scenic ski.

Intermediate (Blue): More difficult than the novice trails, intermediate trails are of longer distance and contain more hills, corners, and obstacles. These trails should not be attempted by the novice skier due to obstacles and long distances.

Advanced (Black): These are our most difficult trails in the system and have many steep hills, sharp corners and many obstacles. You need to be quick on your feet to round a corner and avoid hitting trees. These trails are in the backcountry and should not be attempted by the novice skier.

To help guide your way, all of our trails are marked with blue diamonds and have maps at each intersection.

- PETS ARE NOT PERMITTED
- Know your limits
- Carry water, snacks, and a flashlight
- Dress in layers
- Stay on groomed trails
- Tell others of your route
- Avoid frozen water bodies as ICE IS VERY THIN

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